

STYLE GUIDE

ENHANCE HEALTH & BEAUTY ■ CARRICK-ON-SHANNON & BOYLE
WITH GRAINNE CALDBECK

PUCKER UP!

A welcome kiss for cosmetic surgery?



Cosmetic surgery comes in many shapes and forms, from the radically transforming to the subtly understated.

Once the reserve of the rich and famous, cosmetic surgery is now findings its way into every corner of Ireland. And Leitrim is no exception.

Once a month, Dr. Házem Kahlout, from the Castleknock Cosmetic Clinic in Dublin, holds a special clinic in Beauty by the Shannon's Salon in Dromod. He specialises in "muscle relaxing injection treatment for lines and wrinkles", Lip enhancers, 3D Face Lift, Dermal fillers, Vein removal, Teeth Whitening, Fat dissolving and lots more.

Tara Cronogue went along to test out one of his treatments, purely in the name of science, of course.

I decided the Lip Enhancement treatment but first wanted to ask Dr Kahlout why lips are so important to our appearance?

"The lips are the softest and most animated of all facial features. Lips are sensual, poetry in motion, radiating with sex-appeal and passion. Many consider them to be the most pleasing feature of the lower third of the face," he revealed.

"Unfortunately our lips become thin as we age, the wet lip line retreat backwards, fine-lines appear above them and the corners of the lip begin to downturn. These thin, flat, and poorly defined lips convey a sense of age.

"With this in mind, specific procedures are offered to address each of these lip-aging signs. Some of these procedures include augmentation

to help restore full, well-defined, and proportional lips that impart a reflection of beauty and youth. As a cosmetic doctor I am always aware of how changes to the lip alter their movement, beauty and function. Patients occasionally refer to this as 'kissability'."

Do you treat all lips the same or is there different approach to different lips?

"As a cosmetic doctor I have clearly defined goals in mind during consultation with patients who are considering a cosmetic lip procedure. First, I consider whether the patient is a better candidate for short-term or semi-permanent augmentation. For example, short term temporary injections are better for patients who have had no prior cosmetic surgery or who are unsure if they will do well with fuller lips. If my patient is pleased with their results, a longer-lasting compound may be offered.

Lip enhancement

My personal choice was the Lip enhancement that I am delighted with! Dr Kahlout gave me a full consultation and asked me why I wanted this procedure. I basically wanted a more defined 'cupids bow' with a little extra fullness and was fed up using the dreaded stinky lip lump that would only last two hours.

The administration was completely painless and I was made feel thoroughly relaxed throughout the entire process, which only took half an hour. I was thrilled with the results (which will last "up to a year").

Dr. Házem Kahlout will be visiting Beauty by the Shannon on Saturday, November 1, and early booking is strongly advised. You can do this by calling the salon on 071 96 22930 and by visiting the website www.castleknockcosmetics.ie, www.beautybytheshannon.ie for more information

Beauty by the Shannon
Dermatology, GIM COLLEGE & Evolve Skin Care

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