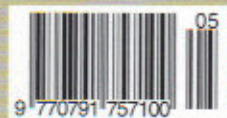


BEAUTY GIVEAWAY: WIN ALL THE YEAR'S BEST LAUNCHES

IMAGE

MAY 2007
€4.25 (£2.95stg)



**MEDICAL
MATTERS**

MOTs TRIED
AND TESTED

**TEATIME
TREATS**
GATHERING
THE GIRLS

**CANNES DO
REVISITING
THE RIVIERA**

**IMAGE
BEAUTY
AWARDS**

BEST PRODUCTS
INSIDER TIPS
BRILLIANT BUYS

DARLING DRESSES
WHAT'S BEST FOR YOU?

COLOUR CODE
PRETTY POWERFUL PRINTS

TIGHTEN *Your* SKIN

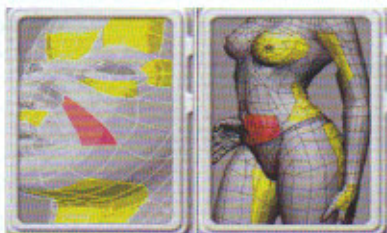
Revolutionary New Treatments

You look in the rear-view mirror and see a middle-aged face peering back at you. Who is that tired-looking individual? Sure, you're not as young as you used to be . . . and the small "angry lines" around your eyes don't really bother you too much. They're the signs of a life well lived, right?

But it's your complexion—which always seems dull these days—and those persistent, deeper creases on your forehead that really get you down and make you feel, well, old. Maybe your doctor is right. Maybe it's time to look into Botox. But ugh, the idea of injecting a toxin like botulism into your face seems awkward. Doesn't Mary in the office know someone who had some awful side effects from that procedure?

What if I told you that you didn't have to subject yourself to injections like Botox, Restylane, brow lifts, or other invasive or surgical procedures to have sexy, vibrant, young-looking skin?

We spoke to Dr Házem Kahlout. He is a cosmetic doctor with dermatological interest into the aging face, and the Medical Director of the Castleknock Cosmetic Clinic, Dublin. "Nearly two decades have passed since we started using botulinum toxin and dermal fillers to treat the aging face"



he said. "We now understand the benefits but also have come to realise the limitations of these treatments". Some important facial areas like the neck, under eyes and jowls don't respond well to anti-aging injection treatments, let alone other parts of the body like the décolleté and hands. Scientists have responded by introducing skin tightening and firming as a method to address this void in patient care. The mechanism by which this is achieved is ingenious. By controlled warming of the collagen in skin, it responds favourably by firming and shrinking. "Just like collagen in the white of an egg" adds Dr Kahlout, "when heated, it "denatures" and changes to a firmer collagen". Initially infrared lasers (IR) were used to fulfil the task. Laser can only penetrate to the superficial layer of the dermis, firming the upper layer of the skin and producing a desired result in skin with mild laxity. Another method is by using radiofrequency energy (RF). The advantage of RF over IR is that it penetrates deeper into the dermis and therefore tightening collagen in the deep dermis producing lifting and firming results in skin with moderate skin sagging and laxity. AntiLax skin tightening has been proven effective for tightening the skin on all areas of the body. Patients can enjoy a rejuvenated look when this treatment is applied to the face, neck, abdomen, arms, legs, and buttocks. In fact, patients with minor to moderate skin laxity may opt for laser skin tightening treatment instead of more invasive



BEFORE



AFTER

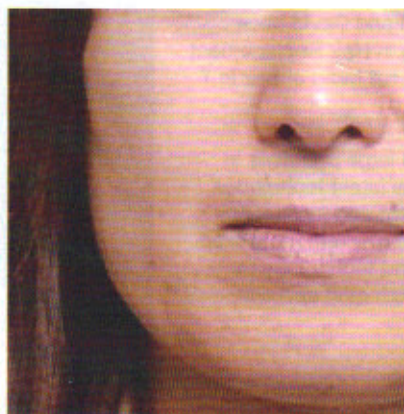
procedures such as liposuction and even mini tummy tuck surgery, and experience noticeably firmer skin with no downtime and little discomfort.

Laser and radiofrequency skin tightening are FDA approved methods for the reduction of fine lines, wrinkles, and skin laxity. While AntiLax skin tightening results may not be as dramatic as those of a face lift, patients enjoy moderate results with no downtime. An added benefit of the AntiLax skin tightening is that it is safe and effective for restoring a more firm, youthful appearance to skin all over the body.

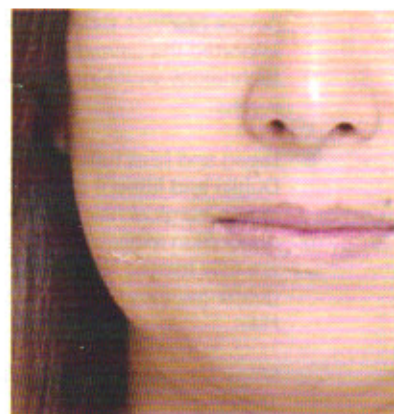
There is no downtime necessary for AntiLax skin tightening recovery; in fact, you can return to work or social activities immediately following a laser skin tightening treatment session. The most common visible side effect of laser skin tightening is mild redness, and this can be safely hidden with a little make-up and should resolve itself within hours of treatment. You should not experience any pain during or following AntiLax skin tightening.

For further information about the treatments above please contact Dr Házem Kahlout, Medical Director of Castleknock Cosmetic Clinic.

Tel: 1850 211 311 or visit
www.castleknockcosmetics.ie



Before



After